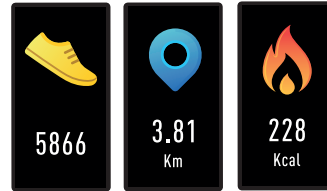




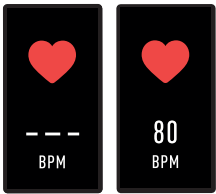
Functions:



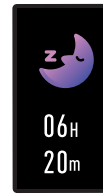
Watch face
There are 6 watch faces to choose from. Press and hold the touch key (for 3-5 seconds) to select your preference.



Pedometer
This watch will automatically record your daily activity. To access the pedometer, press the touch key. After sync with AVON SMART V2 app, you can check your sport data on your smart phone.



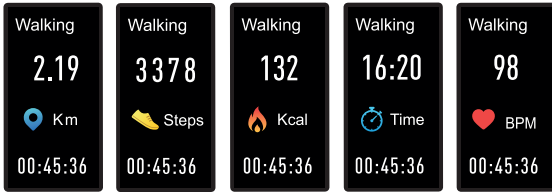
Heart rate
The heart rate feature will allow you to view your current heart rate. Use the touch button until you select the Heart Rate icon. Hold the touch button (for 3-5 seconds) until the icon changes to BPM. It will detect the current heart rate. If you want the feature to be active at selective times, then you select this by opening the AVON SMART V2 app, selecting System settings> heart rate detection and set the tone you wish the feature to be active. This function should only be used as an indication of your body's metabolic rate during exercise and should not be used for diagnostic purposes. If you have any concerns about your overall health and wellbeing, please seek the advice of a medical professional.



Sleep data
Wear the watch to fall asleep during 9:00pm to 9:00am: The watch can record your sleep data. The data will be visible on the app once auto- sleep detection has stopped, and you have synced the watch and AVON SMART V2 app by swiping down on the homepage.



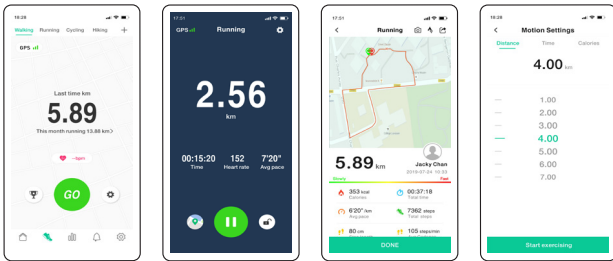
Multi-Sport Modes
Track your time, steps, calories, heart rate and distance (for Cycling, time, calories, and heart rate only) while walking, cycling, running or hiking. Use the touch button till you select the Sports.
You can choose to form the following 4 modes to track your exercise activity. After your activity is complete, press and hold the touch button (for 3-5 seconds) to save the data. The watch will transfer the data to the AVON SMART V2 app for you to review. Set personal goals and targets to achieve on a daily basis.



Note: If your exercise time is less than 5 minutes, the data will not be saved.

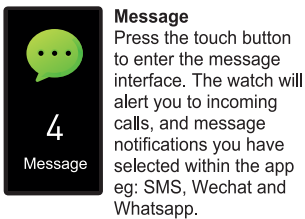


Weather
After connecting to the app, you can select your city in the app settings. The weather for this city will be displayed on your watch.



GPS interconnection

The Kiran watch supports GPS interconnection function. This function will appear once you pair the Kiran smart watch with the Avonsmart V2 app on your smart phone.
Note: you must have internet/mobile data connection for this function to work. Your phone location/GPS must also be turned on.
Select the icon on the Avonsmart V2 app to enter the Sports menu. Select the sport mode or you can tap "+" to add desired sport mode. Tap "GO" on the screen and select OK to confirm GPS access. The sport mode will start on the app and watch and synchronize.
Tap the icon to display the GPS map. Tap the icon to return to the sport menu. During your exercise, you can pause or resume on both the app and your smart watch. You can also set exercise goals and voice broadcast in the app. The GPS exercise data will be saved once you have stopped the activity.
Note: The GPS data will only change when you do your next activity.
Tap the icon to display the sport mode history.
NOTE: Your GPS activity is not included in your daily total. The GPS data will appear separately.
Note: If your exercise time is less than 5 minutes, the data will not be saved



Message
Press the touch button to enter the message interface. The watch will alert you to incoming calls, and message notifications you have selected within the app eg: SMS, Wechat and Whatsapp.



More
Press and hold the touch key in the 'More' interface, you can then view the following functions: Find Phone, About, Reset and Power off.



Power Off
Press and hold the touch key in the "Power off" feature, in which the watch will turn off.



About
Press and hold the touch key in the "About" feature, to view watch name, mac address and firmware version.



Reset
Press and hold the touch key in "Restart" feature, the watch will then restart.

Sedentary Reminder

Set sedentary reminders in the app settings> system settings> health reminder. When set up, the smart watch will vibrate, and the screen will light up.

Water warning

Set water intake reminders in the app settings> system settings> health reminder. When set up, the smart watch will vibrate, and the screen will light up.

Alarm

Tap the icon to set reminders, including an alarm. Your watch will vibrate at your selected reminder time. An Alarm is part of the reminders section below and only available in app.

Reminders

You can set reminders on the app. When time is up, the smart watch will vibrate, and the screen will light up.

Smart Wake Up

Within the app settings > system settings> smart wake up there is a gesture control function that can be activated, so whenever you move your wrist the watch screen lights up.